

THE EAST ARLINGTON
FAMILY SUPPORT CENTER
IS A COLLABORATION
OF PARENTS,
COMMUNITY LEADERS
AND AGENCIES TO
SUPPORT
FAMILIES AND THE
COMMUNITIES IN WHICH
THEY LIVE.

East Arlington Family Support Center

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Special points of interest:

What makes the Family
Support Center special? (p.2)

Who has been involved in
developing the Family Sup-
port Center? (p.2)

What agencies are working
with this program? (p.3)

What types of programs can
I be involved in? (p.3)

How do I schedule an ap-
pointment? (p.4)

Inside this issue:

Principles of a 2
Family Support
Center

Goals of the 2
Family Support
Center

East Arlington: An 2
example of team-
work!

Agencies Involved 3
in Collaboration

Which services 3
are available?

How do I enroll? 4

Introduction

Welcome to the Opening of
the East Arlington Family
Support Center, located
inside the Hugh Smith
Recreation Center!

What exactly is a Family
Support Center, you ask?
Well, family support centers
work to ensure the healthy
development and growth of
young children by supporting
their families and the
communities in which they
live. This means we work
with the entire family as well
as the community to make
sure that children are safe
and healthy.

The development of the East
Arlington Family Support
Center began in January
2009, thanks to an initial
grant from United Way.
Since that time, we have

been working nonstop with
many members of your
community to get this pro-
gram off the ground. We are
celebrating the beginning of
a new opportunity for families
to connect with the support
and resources they need to
help their children lead safe
and healthy lives.

However, we cannot do this
alone. We need YOU to
help us continue this good
work. We invite you to
enroll in the East Arlington
Family Support Center so
that you can participate in all
the fun and helpful activities
that will be offered! Just flip
to the back of this newslet-
ter to find out how to enroll.
I hope to see you all soon!

Marcela Nava
Manager



Chào mừng!
Hoan nghênh!

Bienvenido

What else is at the Hugh Smith Recreation Center?

The Hugh Smith Recreation
Center is a multi-purpose facil-
ity designed for the recreational
needs of East Arlington resi-
dents and visitors.

The facility offers a variety of
structured and informal activi-
ties. The center offers a diverse
selection of classes for all ages
ranging from arts and crafts to

fitness and sports. Additionally,
the center is open for reserva-
tions during and after business
hours.

Center rooms, including the
gymnasium, may be rented for
private gatherings, sporting
events, meetings, banquets and
more.

The center is open six days a
week for classes as well as use
of the gymnasium and fitness
room; the swimming pool is
open seven days a week.

For more information, contact
the Hugh Smith Recreation
Center at 817-275-1351.



Family Support is designed to reflect and enhance the cultures of the neighborhood.

“Parents are partners in making East Arlington a place of healthy, happy children.”



Coming together is a beginning. Keeping together is progress. Working together is success. —Henry Ford

Principles of a Family Support Center

What makes the East Arlington Family Support Center such a unique program? Read on to find out more about the Principles of a Family Support Center to which we hold ourselves in the work we do.

1. The center is governed, designed and improved by participants and community members.
2. Family support is relationship-based, fostering partnerships among parents, peers and professionals.
3. Family support is strengths-based, building on existing individual, family, community and cultural abilities and vitalities.
4. Family support reflects and enhances the cultures of the neighborhood through the staff hired, the materials and activities provided.
5. Family support centers are based in the community, serve the entire family without eligibility requirements and are voluntary.
6. Family support services are designed by and for the participants to meet their priorities and are collaborative among agencies to insure easy access and use.
7. Family support services are enhanced through program evaluations that reflect family support principles and contribute to continuous program improvement

Goals of the Family Support Center

So now that you know what makes the East Arlington Support Center so unique, you're wondering exactly what type of parents or families should come to the Center. The answer? Everybody! Family support doesn't just mean we help a child or a parent with a problem— it means that all parents are PARTNERS in making East Arlington a place of healthy, happy children.

So how will you know that the East Arlington Family Support Center does what it is supposed to do? Well, there are five specific things that, over time, we hope to accomplish with each and every family with whom we meet:

1. Healthy development and appropriate health care for children
2. Positive child development through effective parenting, early intervention and outreach services
3. Economic self-sufficiency for families through adult education, training and employment
4. Preservation of the family unit as the foundation of success for children
5. Seamless, comprehensive and easily accessed network of services for families.

East Arlington: An example of teamwork!

There is not enough space to truly recognize the contributions of the many people that have supported this effort. The East Arlington Family Support Center is an example of great teamwork involving many people in the community.

Folks from all over East Arlington came together to form a Neighborhood Leadership Team. The Neighborhood Leadership Team met every two weeks, sometimes every

week, to plan the East Arlington Family Support Center. Who came to these meetings? Parents, Family Representatives, principals, community-based organizations, leaders of faith communities, and many more!

What happened at these meetings? Decisions were made about the East Arlington Family Support Center through discussions, votes, and collaborating with outside agencies.

Some of the decisions that the Neighborhood Leadership Team is responsible for include:

- The priorities for the program
- The name of the program
- The services that will be on-site
- Planning the Opening
- Identifying gaps in services
- The process to participate
- Ongoing planning of Center programs

Agencies Involved in Collaboration

Lead Agency:



Participating Agencies:

Aetna
 Arlington ISD
 Arlington Libraries
 Boys and Girls Clubs of Arlington
 Cal Farley
 Campfire USA
 Catholic Charities
 Cook Children's Neighborhood Clinic
 City of Arlington Parks and

Recreation
 Department of Family and Protective Services
 Dispute Resolution Services
 Girls Inc. of Tarrant County
 JP Vasquez and Associates
 JPS Health Network
 Justice for our Neighbors
 Lena Pope Home
 MCC for Human Services
 Mission Arlington
 MHMR of Tarrant County
 One Church One Child
 Parenting Center
 Texas Agrilife Extension Services

SafeHaven of Tarrant County
 Santa Fe Youth Services
 Tarrant County Human Services
 Tarrant County Public Health
 Tarrant County Juvenile Services
 The Parenting Center
 The Women's Center
 United Way of Tarrant County
 YMCA of Arlington
 Workforce Solutions of Tarrant County
 And more to come...



By building collaborations with various agencies, the East Arlington Family Support Center builds on existing strengths and community assets.

Which services are available?

The Family Support Center strives to empower families with the tools they need to care for their own families. While the Family Support Center serves every family and individual without eligibility requirements, it is not an entitlement program. We believe that every parent has strengths to help their children succeed, and we hope to help families increase their self-sufficiency by working with them to identify and enhance these strengths.

To participate in services at the Family Support Center, the first step is to set up an individualized meeting with a Family Support Specialist. This person will help you identify which programs are available to you, and help you enroll in programs on-site or in other locations.

Additionally, there will also be many activities open to the entire community on a regular basis, where families and children can come and have a good time together! During the fall, different services will be scheduled on-site based on interest. Below are some of the services you can look forward to participating in through the East Arlington Family Support Center:

Youth Employment Services
 Support Groups
 Parenting Classes
 ESL Classes
 Immunizations for Children
 CHIP/Medicaid Application Assistance
 Family Fun Nights
 Teen Fun Nights

Parent Education such as:

- Nutrition
- Gangs
- Teen Pregnancy
- Domestic Violence
- Diabetes Management
- And more...

Emergency Assistance
 Family and Individual Counseling
 Marriage Preservation

Domestic Violence Intervention
 Health Fairs
 Case Management
 Transportation (on a limited basis)
 Referrals
 And many more....



The East Arlington Family Support Center will work with you to identify what resources are available to support your family, connect you to those resources, and provide ongoing support to ensure your success.

Note: Availability of these programs may vary. Please contact the Family Support Center to find out which services are currently available.

**EAST ARLINGTON
FAMILY SUPPORT
CENTER**

We are located inside the Hugh
Smith Recreation Center at:

1815 New York Avenue
Arlington, Texas 76010

Phone: 817-277-3050

Fax: 817-860-9495

E-mail:

familysupport@allchurchhome.org

Website coming soon!

How do I enroll in the Family Support Center?

There are no eligibility requirements to be enrolled in the East Arlington Family Support Center. You simply, call, e-mail, or stop by to set up an appointment to talk to somebody. We will meet with you to talk about the Family Support Center, fill out some paperwork, and after that you will be able to participate in many of the programs and activities at the East Arlington Family Support Center.

To enroll in the East Arlington Family Support Center:

Call us: 817-277-3050.

Send us an email : familysupport@allchurchhome.org

Or, if you prefer, you can just stop by the Family Support Center to schedule an appointment.